

Catch and Release - Matt Simons

(cover @ms.hopy)

Intro x2: F Dm Am Am

F/ Dm/
There's a place I go to, where no one knows me,
Am/ Am/ F/
it's not lonely, it's a necessary thing.

Dm/
It's a place I made up find out what I'm made of
Am/ Am/ F
the nights I stayed up counting stars and fighting sleep

Pre-Chorus:

Gm C6
Let it wash over me, ready to lose my feet
Bb F
take me off to the place where one reveals life's mystery.
Gm C6
Steady on down the line, lose every sense of time
Bb Bb/
take it all in and wake up that small part of me.
Bb/ A#m6/ F
Day to day I'm blind to see and find how far... to go

Chorus:

Dm Am
Everybody got their reason, everybody got their way;
Bb F
we're just catching and releasing; what builds up throughout the day.
Dm Am
It gets into your body and it flows right through your blood,
Bb F
we can tell each other secrets and remember how to love

Bridge (x2):

Dm Am Am F
Da-Da-Da -Dum Dum-Dum-Dum Dum-Dum

Dm
There's a place I'm going, yeah no one knows me.
Am Am F
If I breathe real slowly let it out and let it in .
Dm
It can be terrifying to be slowly dying,
Am Am F
all so clarifying, we end where we begin

Pre-Chorus + Chorus

Bridge (x2)

Chorus (one strund for chord)

